

# namaste

GLOBAL EXPEDITION

## Join the expedition in Europe & Mid East

for an adventure of a lifetime...

## Namaste!

Welcome to the Europe & Middle East Plan of the Namaste Global Expedition, an amazing around the world adventure. Join me on the expedition for a weekend, a week, a month or longer, and it is up to us to decide what we want to do.

Explore this guide (to be updated monthly), which should give you some idea of the expedition plan for the region, though this is subject to variation depending upon conditions, politics and what you would like to do. Explore the other info

documents for more detail, including how to join the expedition.

If you need anything more, please don't hesitate to contact me, by email, fax or phone. I look forward to your suggestions and ideas; and travelling with you soon...

*Cheers, Chris*



## Contents

Route Plan	1
Highlights	1
Namaste News	2
Countries, Ideas & Dates	2
Availability	3
What do people think...?	3
Namaste Fun Past Adventures	5

## Europe & Middle East Route Plan

The Middle East is where three continents meet, where empires have waxed and waned, merchants have long traded and warriors have long clashed. The result is a region rich with the accumulated detritus of five millennia's worth of major civilisations and cultures, from the Pyramids of Egypt to the Roman desert cities of Jordan & Syria, all set amid amazing scenery and landscapes. From Cairo to Istanbul; circumnavigating the Black Sea; climbing Europe's highest peak, Mt Elbrus, in the Caucasus; before a tour of fascinating Eastern Europe. From the Baltic to the Balkans, a treasure-trove of history, culture and natural beauty awaits those who decide to come along for the ride...

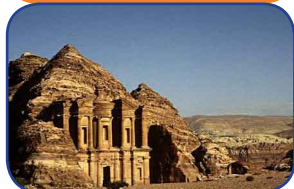
## Other Info

### How to Join the Expedition About the Expedition Vehicle About the Expedition Guide

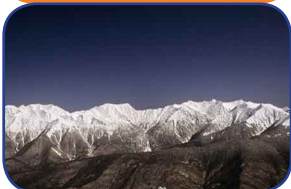
Click on the above documents to read; or visit the Global Expedition web page where you can download them ([www.namaste.co.uk/namaste-global-expedition.htm](http://www.namaste.co.uk/namaste-global-expedition.htm))



Ancient Petra in Jordan...



The Caucasus Mountains...



Great Mosque in Damascus...



Stunt riding in Hungary...



Zadar on Croatia's Aegean Coast...



[www.namaste.co.uk/namaste-global-expedition.htm](http://www.namaste.co.uk/namaste-global-expedition.htm)



### Namaste News

Stay up to date with what the Expedition has been up to and for news of any changes to future plans. Click on the links to the right to view sample newsletters - these will give you a good idea as to what we get up to on expedition!

Visit [www.namaste.co.uk/news](http://www.namaste.co.uk/news) for all the latest information and news. Your story and pictures could be there soon...

**Oct 2005**  
**Sep 2005**  
**Aug 2005**  
**Jul 2005**  
**Jun 2005**

**May 2005**  
**Apr 2005**  
**Mar 2005**  
**Feb 2005**  
**Jan 2005**

### Countries, Ideas & Dates

*For those of you seeking to see the world in all its glory, experience its people AND have the most incredible time doing so, this expedition is the way to go. For those of you who scratch your heads and wonder why Chris has embarked on such an adventure, you simply need to join to find out!... and then you'll understand..." Heidi Bliedung, from Canada, 27/10/2004*

Jordan's Dead Sea...



Transylvania Castles in Romania...



Syria's Damascus...



Trekking in Turkey...



Markets in Ukraine...



From	To	Country	City
18 Dec	21 Dec	Spain	Barcelona
22 Dec	28 Dec	France	Bordeaux
29 Dec	1 Jan	UK	London
14 Jan	15 Jan	Egypt	Cairo
16 Jan	19 Jan	Jordan	
21 Jan	22 Jan	Syria	Damascus
23 Jan	24 Jan	Lebanon	Beirut
28 Jan	29 Jan	Turkey	Istanbul
3 Feb	6 Feb	Armenia, Azerbaijan	
8 Feb	15 Feb	Russia - Mt Elbrus	
18 Feb	19 Feb	Ukraine	Kiev
20 Feb	21 Feb	Ukraine	Odesa
25 Feb	26 Feb	Romania	Bucharest
1 Mar	2 Mar	Bulgaria	Sofia
4 Mar	5 Mar	Bulgaria - Skiing	
11 Mar	12 Mar	Croatia	Zagreb
18 Mar	19 Mar	Poland	Krakow
20 Mar	21 Mar	Poland	Warsaw
22 Mar	24 Mar	Czech Republic	Prague
25 Mar	26 Mar	Germany	Berlin
27 Mar	28 Mar	Netherlands	Amsterdam
29 Mar	30 Mar	Belgium	Brussels
1 Apr	2 Apr	UK	London

Please note that the above dates and timings are approximate only. Always check by email for any changes. You can also keep up to date by signing up for Namaste News at [www.namaste.co.uk/contact-us.htm](http://www.namaste.co.uk/contact-us.htm)

All connections to and from the expedition are organised by email with the expedition guide. Click here to see the "How to Join the Expedition" document for further information, or visit [www.namaste.co.uk/namaste-global-expedition.htm](http://www.namaste.co.uk/namaste-global-expedition.htm)

Kotor in Montenegro...



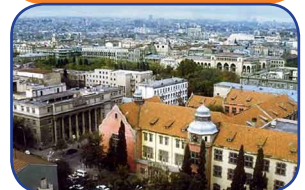
Lebanon's Beirut...



Carpathian Mountains in Slovakia...



Baku in Azerbaijan...



### Highlights...

#### December 2005

After Morocco (see Expedition Africa Plan), following the Mediterranean coast of Spain to Barcelona; across the Pyrenees to Bordeaux, home of amazing red wine!

#### January 2006

Across the Med by ferry from France to Algeria for a tour of North Africa's Mediterranean coast (see Africa plan for more) ending in ancient and fascinating Cairo. Then by boat along the Gulf of Aqaba to Jordan and north via Petra and the Dead Sea on route to Damascus in Syria. A short visit to Lebanon before crossing from Syria into Turkey and along the Aegean coast all the way to Istanbul...

#### February 2006

Touring along Turkey's Black Sea north coast, through Armenia and Azerbaijan to Baku on the Caspian Sea. Then northwest through the Caucasus Mountains of Georgia and southern Russia; climbing Mt Elbrus, Europe's highest peak; and onto Ukraine. Around the Black Sea to Moldova, then exploring Transylvanian castles in Romania...

#### March 2006

Time to explore ancient Sofia before some skiing in the Rila Mountains of Bulgaria. Then a tour through the beautiful mountains, cities and coastal regions of Macedonia, Albania, Serbia, Bosnia, Croatia and Slovenia. Then north through Hungary, Slovakia and Poland, turning west at Warsaw through the cool cities of Berlin, Amsterdam and Brussels...

#### April 2006

Arrival in London, the conclusion of Part I of the Namaste Global Expedition...and time to party!!!

### Part II of the Expedition...

will visit Europe again in 2008, including the Balkan States and Scandinavia. This plan will be updated nearer the time to include this section...

*"...Every dawn brought a new adventure and every night Chris seemed to manage to find a more spectacular campsite than the last - even if we sometimes arrived in the dark only to understand the true glory of our location in the morning light... Myriad delights would appear from the neatly packed Landie to provide a perfect bush home...To join the Namaste global expedition is to step into a world of exploration, excitement and wonderful shared experiences, you may know where you're heading, but you never quite know how you'll get there or what joys you'll discover along the way. Go well, Chris, as they say down here. Namaste..." Jo Shaw, July 2005*

### Availability continued...

Up to 3 places are available in the Expedition Land Rover at any one time. The table below gives you indicative availability on the expedition. Always check by email for the latest information. In addition, if you would like to find out more about other people already booked on the expedition, you can send an email direct to the expedition guide at [chris.charlton@namaste.co.uk](mailto:chris.charlton@namaste.co.uk)

Date	Seat 1	Seat 2	Seat 3	Location
Sat 17 Dec				Gibraltar
Sun 18 Dec				Spain
Mon 19 Dec				Spain
Tue 20 Dec				Spain
Wed 21 Dec				Spain
Thu 22 Dec				France
Fri 23 Dec				France
Sat 24 Dec				France
Sun 25 Dec				France
Mon 26 Dec				France
Tue 27 Dec				France
Wed 28 Dec				France
Thu 29 Dec				UK
Fri 30 Dec				UK
Sat 31 Dec				UK
Sun 1 Jan				UK

Date	Seat 1	Seat 2	Seat 3	Location
Mon 2 Jan				France
Tue 3 Jan				France
Wed 4 Jan				France
Thu 5 Jan				France
Fri 6 Jan				Algeria
Sat 7 Jan				Algeria
Sun 8 Jan				Tunisia
Mon 9 Jan				Libya
Tue 10 Jan				Libya
Wed 11 Jan				Libya
Thu 12 Jan				Egypt
Fri 13 Jan				Egypt
Sat 14 Jan				Egypt
Sun 15 Jan				Egypt
Mon 16 Jan				Jordan
Tue 17 Jan				Jordan

Legend:

Available	Booked
Reserved	Unavailable

Date	Seat 1	Seat 2	Seat 3	Location
Wed 18 Jan				Jordan
Thu 19 Jan				Jordan
Fri 20 Jan				Syria
Sat 21 Jan				Syria
Sun 22 Jan				Syria
Mon 23 Jan				Lebanon
Tue 24 Jan				Lebanon
Wed 25 Jan				Syria
Thu 26 Jan				Turkey
Fri 27 Jan				Turkey
Sat 28 Jan				Turkey
Sun 29 Jan				Turkey
Mon 30 Jan				Turkey
Tue 31 Jan				Turkey
Wed 1 Feb				Turkey

Continued on page 4...

### What do people think...?

Over 70 people from 25 countries joined Chris on the Namaste Global Expedition in North America, South America and Africa; and countless others from the countries visited and fellow travellers became a part of the fun and adventure...

"Thank you for giving me the opportunity to meet all the wonderfully inspiring people along the way [from Guatemala City to San Jose, Costa Rica], the chance to see places I had so far only dreamt of, and the experience I've so longed for. Namaste... PS. See you again in Africa"

Heidi Blédung, 32, from Canada, October 2004



"Thanks for a great week. Country, scenery, activities etc all superb - your company priceless, thanks..." Paul Dollin, 33, from England, December 2004



"I just spent the most amazing week on expedition with Chris. He is without doubt the most travelled person I have ever met. In particular, thank you for giving me the chance to go horse-riding in the mountains of Yellowstone National Park, with amazing views and 2,000 foot cliffs just inches away...what a rush! Let's do it again soon... In fact, I plan to join the trip again, hopefully horse-riding in Nepal..." Tami Linne, 40, from USA, July 2004



"Thank you for an amazing way to see my country" Raul, 27, from Mexico, September 2004

"It is without a doubt one of the best and most important decisions of my life. After all, life is an adventure..." Vaughn, 57 from USA, March 2005



"In the small time I was able to spend with Chris, he definitely made me think. Life was meant to be experienced throughout all ages of one's life... There is only a small window in your life when one can just go for it and worry about things after the fact. I'm sure I'm like every one else out there, dying to join Chris for every single adventure, large or small..." Brandon, 22 from Panama, November 2004



"Much thanks Chris... Your journey inspires me. Live well..." Nazzzy King, 19 from Canada, January 2005



"It was the experience of a lifetime! Travelling by car was definitely much more real than by plane or even bus. It allows you the freedom to chart your own course and stop whenever and wherever your heart or head guides you. You rock Chris for being able to do what you are doing. Thanks again for sharing the expedition with me. I will never forget my adventure with you." Katy, 26 from USA, September 2004

"I wanted to tell you how much I enjoyed the Aconcagua trip and appreciated all the efforts you put in to make it such a success. It was evident that you had gone to great lengths to ensure that we would have a well run trip, without it feeling 'packaged'..." Gregor Tait, 38 from England, February 2005



from England, February 2005



"Remarkable - that about sums it up! Come fly with us again..." Dianne, 35 from Canada, June 2004

"GREAT!" Ase Bente Sinnes, 28 from Norway, February 2005

"A new and fantastic experience..." Emma Verity, 31, from England, March 2005



"In Chris we found a person who was truly a citizen of the world and a person of great understanding and we spent numerous hours talking about the world and telling stories about our adventures and experiences. Chris's stopover in Britt was certainly a great experience and I still regularly follow his adventures through the Namaste News and I contact him when I can..." Tyler, from Canada, April 2004:



## Availability continued...

Up to 3 places are available in the Expedition Land Rover at any one time. The table below gives you indicative availability on the expedition. Always check by email for the latest information. In addition, if you would like to find out more about other people already booked on the expedition, you can send an email direct to the expedition guide at [chris.charlton@namaste.co.uk](mailto:chris.charlton@namaste.co.uk)

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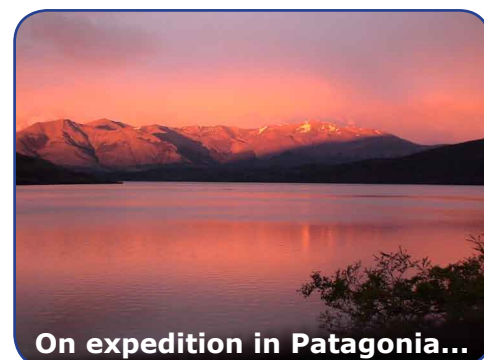
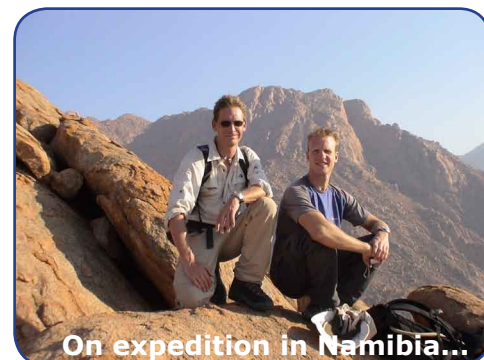
Booked
Unavailable

Date	Seat 1	Seat 2	Seat 3	Location
Thu 2 Feb				Turkey
Fri 3 Feb				Armenia
Sat 4 Feb				Armenia
Sun 5 Feb				Azerbaijan
Mon 6 Feb				Azerbaijan
Tue 7 Feb				Georgia
Wed 8 Feb				Georgia
Thu 9 Feb				Russia
Fri 10 Feb				Russia
Sat 11 Feb				Russia
Sun 12 Feb				Russia
Mon 13 Feb				Russia
Tue 14 Feb				Russia
Wed 15 Feb				Russia
Thu 16 Feb				Russia
Fri 17 Feb				Russia
Sat 18 Feb				Ukraine
Sun 19 Feb				Ukraine
Mon 20 Feb				Ukraine
Tue 21 Feb				Ukraine
Wed 22 Feb				Ukraine
Thu 23 Feb				Moldova
Fri 24 Feb				Moldova
Sat 25 Feb				Romania
Sun 26 Feb				Romania
Mon 27 Feb				Romania
Tue 28 Feb				Bulgaria
Wed 1 Mar				Bulgaria
Thu 2 Mar				Bulgaria
Fri 3 Mar				Bulgaria
Sat 4 Mar				Bulgaria
Sun 5 Mar				Bulgaria
Mon 6 Mar				Macedonia

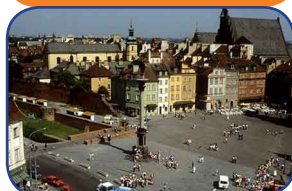
Date	Seat 1	Seat 2	Seat 3	Location
Tue 7 Mar				Albania
Wed 8 Mar				Serbia
Thu 9 Mar				Serbia
Fri 10 Mar				Bosnia
Sat 11 Mar				Bosnia
Sun 12 Mar				Croatia
Mon 13 Mar				Croatia
Tue 14 Mar				Slovenia
Wed 15 Mar				Hungary
Thu 16 Mar				Hungary
Fri 17 Mar				Hungary
Sat 18 Mar				Slovakia
Sun 19 Mar				Poland
Mon 20 Mar				Poland
Tue 21 Mar				Poland
Wed 22 Mar				Czech
Thu 23 Mar				Czech
Fri 24 Mar				Czech
Sat 25 Mar				Germany
Sun 26 Mar				Germany
Mon 27 Mar				Holland
Tue 28 Mar				Holland
Wed 29 Mar				Belgium
Thu 30 Mar				Belgium
Fri 31 Mar				UK
Sat 1 Apr				UK
Sun 2 Apr				UK

Join the Expedition in London on 1 & 2 April for the party to celebrate the successful conclusion of Part I of the Global Expedition after 2 years on the road through North & South America, Africa, Europe and the Middle East...

The Namaste Global Expedition will also visit Europe again in 2008. This plan will be updated to include this section nearer the time...



Poland's Warsaw...



Traditional dress in Romania...



The Rila Mountains of Bulgaria...



Lebanon Coastline...



Rural Armenia...





### Past Adventures: Click on each photo to see more...



## Where do you want to go?

