

GLOBAL EXPEDITION

Join the expedition in Africa

for an adventure of a lifetime.

Namaste!

Welcome to the Africa Plan of the Namaste Global Expedition, an amazing around the world adventure. Join me on the expedition for a weekend, a week, a month or longer, and it is up to us to decide what we want to do.

Explore this guide (to be updated monthly), which should give you some idea of the expedition plan for Africa, though this is subject to variation depending upon conditions, politics and what you would like to do. Explore the other info documents for more

detail, including how to join the expedition.

If you need anything more, please don't hesitate to contact me, by email, fax or phone. I look forward to your

I look forward to your suggestions and ideas; and travelling with you soon...

Cheers, Chris



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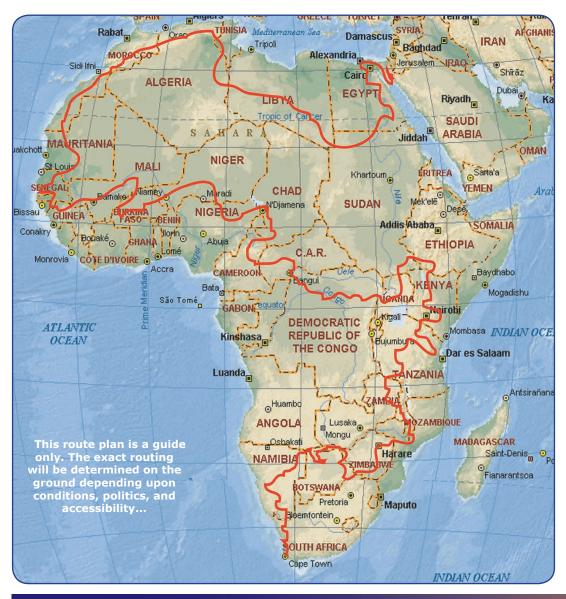
Africa Route Plan

Africa. This vast and diverse continent of 53 countries stretches from the Cape of Good Hope to the shores of the Mediterranean. Encompassing the world's largest desert and one of its most extensive rainforests, it is the adventurer's last frontier. Whether it's the stunning wastes of the Sahara Desert with its barren mountains, the inspiring beauty of snow-capped Kilimanjaro rising sheer from the East African plateau, the lush, mist-covered volcanoes and lakes of Kenya's Rift Valley, colourful tribal peoples, or the lure of ancient Egypt, this continent has them all. And of course, the large numbers of big game that still roam the plains of this fascinating land make Africa the king of safari...

Other Info

How to Join the Expedition About the Expedition Vehicle About the Expedition Guide

Click on the above documents to read; or visit the Global Expedition web page where you can download them (www.namaste.co.uk/namaste.qlobal-expedition.htm)













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Namaste News

Stay up to date with what the Expedition has been up to and for news of any changes to future plans. Click on the links to the right to view sample newsletters - these will give you a good idea as to what we get up to on expedition!

Visit www.namaste.co.uk/news for all the latest information and news. Your story and pictures could be there soon...

Feb 2005	Sep 2004
Jan 2005	Aug 2004
Dec 2004	Jul 2004
Nov 2004	Jun 2004
Oct 2004	May 2004

Countries, Ideas & Dates

For those of you seeking to see the world in all its glory, experience its people AND have the most incredible time doing so, this expedition is the way to go. For those of you who scratch your heads and wonder why Chris Charlton has embarked on such an adventure, you simply need to join to find out!... and then you'll understand..." Heidi Bliedung, from Canada, 27/10/2004

Victoria Falls of



Nomads of Niger...



Rural Malawi...



Climbing Kilimaniaro...



The African bull



From	То	Where	Season
Start		Cape Town, South Africa	
12 May	2 Jun	South Africa	Dry
3 Jun	19 Jun	Namibia	Dry
20 Jun	24 Jun	Botswana	Dry
25 Jun	8 Jul	Zimbabwe, Botswana & Kruger	Dry
9 Jul	26 Jul	Mozambique, Malawi & Zambia	Dry
27 Jul	11 Aug	Tanzania	Dry
6 Aug	13 Aug	Zanzibar & the Comoros Islands	Dry
14 Aug	21 Aug	Mt Kilimanjaro	Dry
22 Aug	4 Sep	Kenya (& Ethiopia)	Dry
5 Sep	16 Sep	Uganda & Congo	Dry
17 Sep	24 Sep	Central African Republic	Rain
25 Sep	13 Oct	Cameroon, Chad & Nigeria	Dry
14 Oct	4 Nov	Niger, Burkina Faso & Mali	Dry
31 Oct	20 Nov	Guinea, Senegal & the Gambia	Dry
21 Nov	26 Nov	Mauritania	Dry
27 Nov	9 Dec	Morocco	Dry
16 Dec	27 Dec	Algeria, Tunisia & Libya	Rain/dry
28 Dec	6 Jan	Egypt	Dry
	Finish	Sinai Peninsular, Egypt	

Please note that the above dates and timings are approximate only. Always check by email for any changes. You can also keep up to date by subscribing to Namaste News at www.namaste. co.uk/contact-us.htm

All connections to and from the expedition are organised by email with the expedition guide. Click here to see the "How to Join the Expedition" document for further information, or visit www.namaste.co.uk/namaste-global-expedition.htm

South Africa's



Highlights...

Perhaps nowhere in the world will you find such a variety of cultures, vistas, contrasts and contradictions, cities ancient and modern as in Africa. From the snowcapped peaks of Kilimanjaro and Mt Kenya, to the scorching heat of the desert; from the impenetrable jungles of the Congo, to the silver-sanded beaches bordering the Indian Ocean.

A key theme of the Namaste Africa Expedition will be to explore many of the continent's game reserves, whilst touring through this continent full of culture and design, of music and dancing, with a wealth of wildlife, flora and fauna. Some of the planned highlights include:

May 2005

Time to explore gorgeous Cape Town, built on the peninsula of the Cape of Good Hope with Table Mountain as a backdrop before heading north through the western Cape to the Tswalu Kalahari Reserve & rhino sanctuary...

June 2005

Exploring Namibia's incredible landscapes from the Fish River Canyon in the south to the Skeleton Coast in the north; from the Namib Desert in the west to the Caprivi Strip in the northeast. Touring the Okavango Delta, Makgadikgadi pan & diamond mines of Botswana on route to Victoria Falls...

July 2005

Touring south through eastern Botswana and southern Zimbabwe, through South Africa's legendary Kruger National Park, before exploring Mozambique's Indian Ocean coastline. Then north through Malawi, often known as 'little Switzerland' owing to its beautv...

August 2005

Across the great plains of Tanzania before climbing Kilimanjaro, Africa's highest at 5,895m (19,340 ft). Then to the coast for some relaxation and diving on Zanzibar before a journey inland through Kenya's incredible game parks, including Tsavo & the Masai Mara. And in both countries, a chance to see much of the Great Rift Valley, one of Africa's most spectacular

September 2005

Through the Kabalega and Ruwnzori national parks of Uganda; and unforgettable river journeys on Africa's second biggest river in the Democratic Republic of Congo. Discovering the equatorial jungle, exotic butterflies and the pygmies of the Central African exotic Republic before crossing to the Waza National Park of northern Cameroon...

October 2005

A visit to the capital of Burkina Faso, Ouagadougou, once the centre of one of the ancient Mossi kingdoms; and the famous red, white and black Volta rivers. Onto historic Mopti, the 'Venice of Mali' founded in the 13th century and the legendary Timbuktoo before experiencing the unique lifestyle of the nomads of

November 2005

From the mountains of Guinea to the Adrar plateau of Mauritania; the Atlantic coast of the Gambia and Senegal, before turning north through Mauritania along the western Sahara before a tour of the length of the Atlas Mountains and ancient cities of Morocco...

December 2005

Exploring Roman ruins of coastal Libya; and the scenic and pre-historic wonders of its Fezzan region. Then into Egypt to explore the the Gilf Kebir plateau, the Nile river region, Cairo and the pyramids, the Great

www.namaste.co.uk/namaste-global-expedition.htm



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Availability continued...

Up to 3 places are available in the Expedition Land Rover at any one time. The table below gives you indicative availability on the expedition. Always check by email for the latest information. In addition, if you would like to find out more about other people already booked on the expedition, you can send an email direct to the expedition guide at chris.charlton@namaste.co.uk

Date	Seat 1	Seat 2	Seat 3	Loca- tion
Thu 12 May				S Africa
Fri 13 May				S Africa
Sat 14 May				S Africa
Sun 15 May				S Africa
Mon 16 May				S Africa
Tue 17 May				S Africa
Wed 18 May				S Africa
Thu 19 May				S Africa
Fri 20 May				S Africa
Sat 21 May				S Africa
Sun 22 May				S Africa
Mon 23 May				S Africa
Tue 24 May				S Africa
Wed 25 May				S Africa
Thu 26 May				S Africa
Fri 27 May				S Africa

Date	Seat 1	Seat 2	Seat 3	Loca- tion
Sat 28 May				S Africa
Sun 29 May				S Africa
Mon 30 May				S Africa
Tue 31 May				S Africa
Wed 1 Jun				S Africa
Thu 2 Jun				S Africa
Fri 3 Jun				S Africa
Sat 4 Jun				Namibia
Sun 5 Jun				Namibia
Mon 6 Jun				Namibia
Tue 7 Jun				Namibia
Wed 8 Jun				Namibia
Thu 9 Jun				Namibia
Fri 10 Jun				Namibia
Sat 11 Jun				Namibia
Sun 12 Jun				Namibia

Legend:

Available

Booked

Reserved

Unavailable

Date	Seat 1	Seat 2	Seat 3	Loca- tion
Mon 13 Jun				Namibia
Tue 14 Jun				Namibia
Wed 15 Jun				Namibia
Thu 16 Jun				Namibia
Fri 17 Jun				Namibia
Sat 18 Jun				Namibia
Sun 19 Jun				Namibia
Mon 20 Jun				Botswana
Tue 21 Jun				Botswana
Wed 22 Jun				Botswana
Thu 23 Jun				Botswana
Fri 24 Jun				Botswana
Sat 25 Jun				Zambia
Sun 26 Jun				Zambia
Mon 27 Jun				Zimbabwe

Continued on page 4...

What do people think...?

Over 30 people from 8 countries joined Chris on the Namaste Global Expedition in North, Central & South America; and countless others from the countries visited and fellow travellers became a part of the fun and adventure...

"Thank you for giving me the opportunity to meet



all the wonderfully inspiring people along the way [from Gnatemala City to San Jose, Costa Rica], the chance to see places J had so far only dreamt of, and the experience Jve so longed for Namaste... PS. See you again in Africa"

Heidi Bliedung, 32, from Canada, October 2004



"Thanks for a great week. Country, scenery, activities etc all super6 - your company priceless, thanks..." Paul Dollin, 33, from England, December 2004

"J just spent the most amazing week on expedition with Chris. He is without doubt the most travelled person J have ever met. In particular,



thank you for giving me the chance to go horse-riding in the mountains of Yellowstone National Park, with amazing views and 2,000 feet cliffs instinches away....what a rush! Let's do it again soon... In fact, I

plan to join the trip again, hopefully horse-riding in Nepal..." Tami Linne, 40, from USA, July 2004

"Thank you for an amazing way to see my country" Raul, 27, from Mexico, September 2004

"It is without a doubt one of the best and most



important decisions of my life. After all, life is an adventure...", Vaughn, 57 from USA, March 2005

"In the small time I was able to spend with Chris, he definitely made me think. Life

was meant to be experienced throughout all ages of one's life... There is only a small window in your



life when one can just go for it and worry about things after the fact. I'm sure I'm like every one else out there, dying to join Chris for every single adventure, large or small..." Brandon,, 22 from Panama, November 2004

"Much thanks Chris... Your journey inspires me. Live well..." Nazzy King, 19 from Canada, January 2005



"It was the experience of a lifetime!Travelling by car was definitely much more real than by plane or even bus. It allows you the freedom to chart your own course and stop whenever and wherever your heart or

head guides you. You rock Chris for being able to do what you are doing. Thanks again for sharing the expedition with me. I will never forget my adventure with you." Katy, 26 from USA, September 2004

"I wanted to tell you how much I enjoyed



the Aconcagna trip and appreciated all the efforts you put in to make it such a success. It was evident that you had gone to great lengths to ensure that we would have a well run trip, without it feeling 'packaged'..." Gregor Tait, 38

from England, February 2005



"Remarkable - that about sums it up! Come fly with us again..." Dianne, 35 from Canada, June 2004

"GREAT!", Ase Bente Sinnes, 28 from Norway, February 2005

"A new and fantastic experience...", Emma Verity, 31, from England, March 2005



"In Chris we found a person who was truly a citizen of the world and a person of great understanding and we spent numerous hours talking about the world and telling stories

about our adventures and experiences. Chris's stopover in Britt was certainly a great experience and J still regularly follow his adventures through the Namaste News and J contact him when J can..." Tyler, from Canada, April 2004:



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Availability continued...

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Date	Seat 1	Seat 2	Seat 3	Loca- tion
Tue 28 Jun				Zimbabwe
Wed 29 Jun				Botswana
Thu 30 Jun				Botswana
Fri 1 Jul				Botswana
Sat 2 Jul				Botswana
Sun 3 Jul				Zimbabwe
Mon 4 Jul				S Africa
Tue 5 Jul				S Africa
Wed 6 Jul				Mozambiqu
Thu 7 Jul				Mozambiqu
Fri 8 Jul				Mozambiqu
Sat 9 Jul				Mozambiqu
Sun 10 Jul				Mozambiqu
Mon 11 Jul				Mozambiqu
Tue 12 Jul				Mozambiqu
Wed 13 Jul				Mozambiqu
Thu 14 Jul				Mozambiqu
Fri 15 Jul				Mozambiqu
Sat 16 Jul				Malawi
Sun 17 Jul				Malawi
Mon 18 Jul				Malawi
Tue 19 Jul				Malawi
Wed 20 Jul				Malawi
Thu 21 Jul				Malawi
Fri 22 Jul				Malawi
Sat 23 Jul				Malawi
Sun 24 Jul				Malawi
Mon 25 Jul				Zambia
Tue 26 Jul				Zambia
Wed 27 Jul				Zambia
Thu 28 Jul				Malawi
Fri 29 Jul				Malawi
Sat 30 Jul				Malawi

Date	Seat	Seat	Seat	Loca-
Dute	1	2	3	tion
Sun 31 Jul				Tanzania
Mon 1 Aug				Tanzania
Tue 2 Aug				Tanzania
Wed 3 Aug				Tanzania
Thu 4 Aug				Tanzania
Fri 5 Aug				Tanzania
Sat 6 Aug				Tanzania
Sun 7 Aug				Tanzania
Mon 8 Aug				Tanzania
Tue 9 Aug				Tanzania
Wed 10 Aug				Tanzania
Thu 11 Aug				Tanzania
Fri 12 Aug				Tanzania
Sat 13 Aug				Tanzania
Sun 14 Aug				Tanzania
Mon 15 Aug				Tanzania
Tue 16 Aug				Tanzania
Wed 17 Aug				Tanzania
Thu 18 Aug				Tanzania
Fri 19 Aug				Tanzania
Sat 20 Aug				Tanzania
Sun 21 Aug				Tanzania
Mon 22 Aug				Tanzania
Tue 23 Aug				Tanzania
Wed 24 Aug				Tanzania
Thu 25 Aug				Tanzania
Fri 26 Aug				Kenya
Sat 27 Aug				Kenya
Sun 28 Aug				Kenya
Mon 29 Aug				Kenya
Tue 30 Aug				Ethiopia
Wed 31 Aug				Ethiopia
Thu 1 Sep				Ethiopia

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Booked

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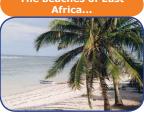
Date	Seat 1	Seat 2	Seat 3	Loca- tion
Fri 2 Sep				Ethiopia
Sat 3 Sep				Ethiopia
Sun 4 Sep				Kenya
Mon 5 Sep				Uganda
Tue 6 Sep				Uganda
Wed 7 Sep				Uganda
Thu 8 Sep				Uganda
Fri 9 Sep				DRC
Sat 10 Sep				DRC
Sun 11 Sep				DRC
Mon 12 Sep				DRC
Tue 13 Sep				DRC
Wed 14 Sep				DRC
Thu 15 Sep				DRC
Fri 16 Sep				DRC
Sat 17 Sep				C.A.R.
Sun 18 Sep				C.A.R.
Mon 19 Sep				C.A.R.
Tue 20 Sep				C.A.R.
Wed 21 Sep				C.A.R.
Thu 22 Sep				C.A.R.
Fri 23 Sep				C.A.R.
Sat 24 Sep				C.A.R.
Sun 25 Sep				Cameroon
Mon 26 Sep				Cameroon
Tue 27 Sep				Cameroon
Wed 28 Sep				Cameroon
Thu 29 Sep				Cameroon
Fri 30 Sep				Cameroon
Sat 1 Oct				Chad
Sun 2 Oct				Chad
Mon 3 Oct				Chad

Continued on page 5...

The vast dunes of the







Safari guides...





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Available

Booked

Reserved

Unavailable

Date	Seat 1	Seat 2	Seat 3	Loca- tion
Tue 4 Oct				Chad
Wed 5 Oct				Chad
Thu 6 Oct				Chad
Fri 7 Oct				Chad
Sat 8 Oct				Nigeria
Sun 9 Oct				Nigeria
Mon 10 Oct				Nigeria
Tue 11 Oct				Nigeria
Wed 12 Oct				Nigeria
Thu 13 Oct				Nigeria
Fri 14 Oct				Niger
Sat 15 Oct				Niger
Sun 16 Oct				Niger
Mon 17 Oct				Niger
Tue 18 Oct				Niger
Wed 19 Oct				Niger
Thu 20 Oct				Niger
Fri 21 Oct				Niger
Sat 22 Oct				Burk. Faso
Sun 23 Oct				Burk. Faso
Mon 24 Oct				Burk. Faso
Tue 25 Oct				Burk. Faso
Wed 26 Oct				Burk. Faso
Thu 27 Oct				Burk. Faso
Fri 28 Oct				Burk. Faso
Sat 29 Oct				Mali
Sun 30 Oct				Mali
Mon 1 Nov				Mali
Tue 2 Nov				Mali
Wed 3 Nov				Mali
Thu 4 Nov				Mali

Date	Seat 1	Seat 2	Seat 3	Loca- tion
Fri 5 Nov				Guinea
Sat 6 Nov				Guinea
Sun 7 Nov				Guinea
Mon 8 Nov				Guinea
Tue 9 Nov				Guinea
Wed 10 Nov				Guinea
Thu 11 Nov				Guinea
Fri 12 Nov				Gui. Bissau
Sat 13 Nov				Gui. Bissau
Sun 14 Nov				Gui. Bissau
Mon 15 Nov				Gui. Bissau
Tue 16 Nov				Gui. Bissau
Wed 17 Nov				Gambia
Thu 18 Nov				Gambia
Fri 19 Nov				Gambia
Sat 20 Nov				Gambia
Sun 21 Nov				Gambia
Mon 22 Nov				Senegal
Tue 23 Nov				Senegal
Wed 24 Nov				Senegal
Thu 25 Nov				Senegal
Fri 26 Nov				Senegal
Sat 27 Nov				Mauritania
Sun 28 Nov				Mauritania
Mon 29 Nov				Mauritania
Tue 30 Nov				Mauritania
Wed 1 Dec				Mauritania
Thu 2 Dec				Morocco
Fri 3 Dec				Morocco
Sat 4 Dec				Morocco
Sun 5 Dec				Morocco

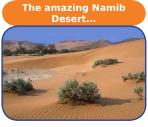
Date	Seat 1	Seat 2	Seat 3	Loca- tion
Mon 6 Dec				Morocco
Tue 7 Dec				Morocco
Wed 8 Dec				Morocco
Thu 9 Dec				Morocco
Fri 10 Dec				Morocco
Sat 11 Dec				Morocco
Sun 12 Dec				Morocco
Mon 13 Dec				Morocco
Tue 14 Dec				Morocco
Wed 15 Dec				Morocco
Thu 16 Dec				Morocco
Fri 17 Dec				Morocco
Sat 18 Dec				Spain
Sun 19 Dec				Spain
Mon 20 Dec				Spain
Tue 21 Dec				France
Wed 22 Dec				France
Thu 23 Dec				France
Fri 24 Dec				France
Sat 25 Dec				France
Sun 26 Dec				France
Mon 27 Dec				France
Tue 28 Dec				Tunisia
Wed 29 Dec				Tunisia
Thu 30 Dec				Tunisia
Fri 31 Dec				Algeria
Sat 1 Jan				Algeria
Sun 2 Jan				Algeria
Mon 3 Jan				Algeria
Tue 4 Jan				Algeria
Wed 5 Jan				Libya

Go to the Europe & Middle East Plan (click here or go to www.namaste.co.uk/europe-and-middle-east.htm) for details about the next leg of the Namaste Global Expedition (January to April 2006)...













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Photos by Chris Charlton

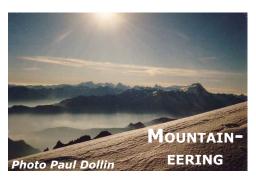
Past Adventures: Click on each photo to see more...









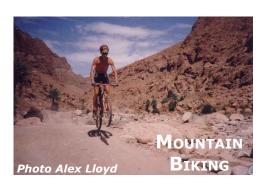




Where do you want to go?















Namaste Fun

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